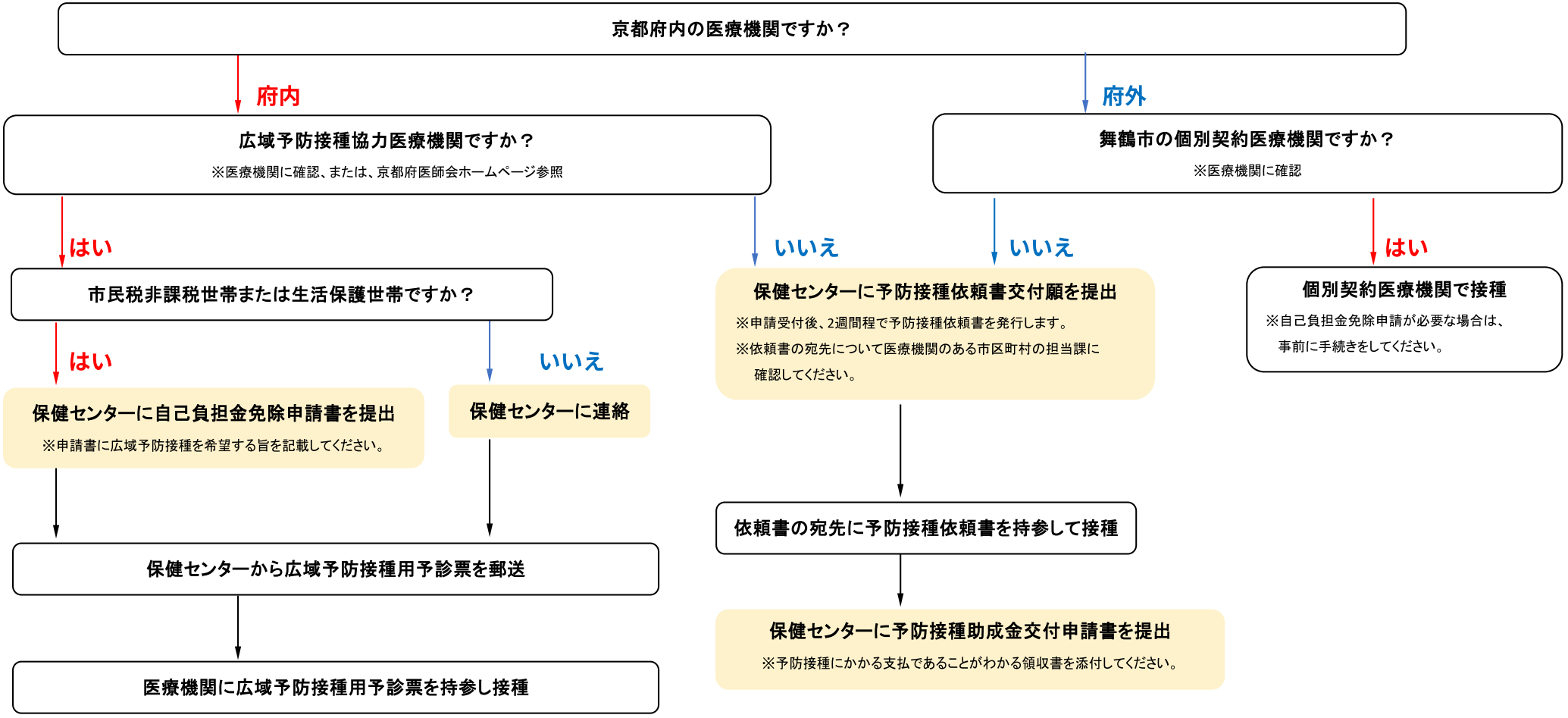舞鶴市外の医療機関で予防接種を受ける場合の流れ